

Post-Procedure Care Sheet

Derm*Laser* Institute of Dallas

After a Shave or Punch Biopsy:

Keep bandaid or bandage in place for 24-48 hours as directed by Dr. Turner. Take bandaid off using warm running water (as in the shower) to help bandaid adhesive gently lift off skin at the appropriate time. Cleanse the biopsy area gently with warm soapy water daily. Pat dry. Apply plain vaseline petroleum jelly to the wound and cover with a bandaid. Repeat the above steps for at least 7 days or until you come back for suture removal if you have had a punch biopsy.

After a Skin Excision:

Keep bandage in place for 48 hours. Take bandage off using warm running water (as in the shower) to help bandage adhesive gently lift off skin at the appropriate time. Cleanse the excision with warm soapy water daily. Pat dry. Apply plain vaseline petroleum jelly to the wound and cover with a bandaid or bandage every day. Repeat the above steps until you return to the Derm*Laser* Institute for your suture removal.

After Cryotherapy/Liquid Nitrogen treatment:

Be aware the area(s) treated may burn/sting for 20-30 minutes following the treatment. A blister may form over the area treated. If it is uncomfortable, you may use a sterile needle to gently prick the blister to eliminate the fluid within. Leave the blister covering in place as this acts as a natural protective covering for the area underneath! A scab will form over the treated area in 48 hours. Gently cleanse the areas treated as you would in the shower or bath. No special application of products/medicines or treatment is necessary. The treated areas will fall off and resolve in approximately 10-12 days time.