

DermLaser Institute of Dallas
Ellen Turner, M.D.
8222 Douglas Avenue, Suite 950
Dallas, Texas 75225
(214)373-7546

LipoDissolve Post-Procedure Care

Use Tylenol as needed for pain control. Do not use any type of non-steroidal anti-inflammatory medication as these will cause bleeding and bruising.

Do not consume alcohol for 72 hours post-procedure as this can cause bleeding and bruising.

Continue to eat a proper diet and exercise at least 3 times a week.

Drink 8 glasses of water per day to ensure the lipodissolve is flushed from your system.

Expect to have tenderness, redness, firmness at the injection sites, which will gradually dissipate over the next few days. Swelling may occur for up to 3 weeks post treatment.

Remember that you are likely to only start seeing the results of your lipodissolve injections after your third treatment and may require 6-7 treatments depending on the amount of fatty tissue and continued dietary patterns.