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## Post Care for Melanage Peel

It is crucial to the health of your skin and success of your peel that these guidelines be followed:

- Your skin may have a light yellow tinge immediately after removal of the Melanage masque. This is temporary and will fade.
- It is imperative that you use a sunscreen with an SPF of at least 30 and avoid direct sunlight for at least 1 week. Best results will be obtained with regular daily use of such sunscreen.
- Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure as their skin may be more sensitive.
- Your skin may be more red than usual after removal of the Melanage masque and for the next 7 days you apply the Vitamin A peel pads. Please avoid strenuous exercise during this time.
- Approximately 48 hours after the treatment, your skin will start to peel. This peeling will generally last 2 to 5 days. **DO NOT PICK OR PULL AT THE SKIN.**
- When washing your face, do not scrub, and do not use a wash cloth. Use the anti-redness foaming cleanser provided.
- Apply the anti-redness soothing balm as directed and as needed to relieve dryness, tightness, and itching.
- Wait until the peeling is complete before having any other facial procedures including facials, microdermabrasions, laser treatments, laser hair removal, Botox injections, and injectable fillers.

You should follow this simple regimen after removing your Melanage Masque:

1. Wash the treated area using anti-redness foaming cleanser to completely remove Melanage Masque 8 hours after application.
2. After gently patting skin dry, apply anti-redness soothing balm.
3. Sensitive skin sunscreen should be applied each morning before any sun exposure.
4. The evening of the day following removal of the Melanage masque, wipe one Vitamin A prep pad over the skin surface to be treated. Avoid contact with eyes and eyes area. After drying, apply Melanage crème in a uniform layer. Leave Melanage crème on overnight.
5. Continue this nightly regimen until all pads are used. If excessive redness, itching, peeling or swelling occurs, discontinue use of the Vitamin A prep pad and Melanage creme and use anti-redness soothing balm until symptoms subside. In case of swelling, apply cold compresses as needed. Once skin returns to a normal state, treatment with vitamin A prep pap and Melanage crème can resume.
6. Melanage crème can be used once nightly or every other night to maintain treated areas. If excessive redness, itching, peeling occurs, discontinue use of Melanage creme and use anti-redness soothing balm until symptoms subside. Once skin returns to a normal state, treatment with Melanage crème.